

What to pack and how to fit it all into one medium-sized backpack or wheeled bag

Because we will be traveling by train, streetcar and metro, students should limit themselves to one internal frame and one small backpack. They should include all of the following items (unless it is marked optional) and then seriously consider any other item they desire to bring. Packing light is the key when using public transportation.

<p>CARRY-ON LUGGAGE</p> <ul style="list-style-type: none">_____ one change of clothes (in case our luggage is lost)_____ alarm clock (or watch with alarm)_____ books and playing cards for on plane and trains (optional)_____ sunglasses, spare glasses_____ trip journal (optional)_____ notebook and pen for school_____ toiletries (packed in quart sized Ziploc – no liquids)_____ small snacks for plane (optional)_____ prescription meds, copy of your eyeglass prescription_____ \$1 and \$5 bills for purchases on the plane (optional)_____ travelers' checks or credit card in belly or neck pouch_____ passport (in pouch)_____ water bottle (water fountains are rare) <p>PERSONAL</p> <ul style="list-style-type: none">_____ comb or brush_____ small towel, wash cloth and soap_____ toothbrush and toothpaste_____ plastic bag or net bag for dirty clothes_____ personal care items - shampoo, etc. (all liquids must be packed in your checked luggage in a waterproof container (Liquids can end up all over the contents of your bag.)_____ hair dryer (highly discouraged) Germany's voltage and plugs are different so be sure you are prepared with a quality converter and adapter plugs.	<p>CLOTHING</p> <ul style="list-style-type: none">_____ 3 short sleeve shirts_____ 2 long sleeve shirts_____ 2 jeans or pants_____ 2 shorts (modest length) or Capri-length pants_____ 1 nice versatile outfit (for church or performances.)_____ 1 pair sturdy walking shoes_____ 1 pair comfortable walking sandals_____ 3 to 5 pairs socks_____ warm sweater or sweatshirt (for layering in cold weather)_____ pajamas or sweats_____ 4 to 6 changes of underwear_____ lightweight rain shell, poncho or collapsible umbrella_____ swimwear (optional)_____ lightweight scarf <p>MISCELLANEOUS</p> <ul style="list-style-type: none">_____ camera and film (optional)_____ pocket calculator (optional)_____ watch_____ photographs to share with your host family_____ money belt for underneath your clothes_____ small (book size) German/English dictionary (optional)_____ address book and letter writing supplies (optional)_____ books for reading while in Ochsenhausen
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DO NOT BRING ANYTHING YOU ARE NOT WILLING TO LOSE!